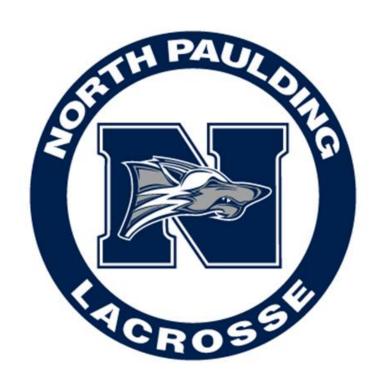
NPHS Boys Lacrosse Handbook

Player Parent Meeting

October 30th, 2023



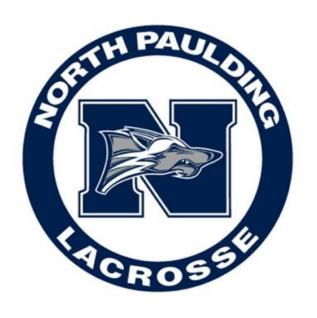
2024 NPHS Boys Lacrosse Season Registration Packet

Thank you for your interest in the North Paulding High School Boys Lacrosse program. This packet includes several forms you **must complete and return no later than Friday November 17**th. Please initial beside each item that you have completed on this form. Some forms listed below will be filled out and returned to **Coach Worley's room**, #1311. All other forms are located online RANKONESPORT and will be completed and submitted electronically. Failure to return this *entire packet* by **Friday November 17**th will forfeit your ability to participate in any lacrosse activities until you have completed everything. All forms are attached and available online @ http://www.paulding.k12.ga.us/Page/425 or www.northpauldinglax.com.

These Forms will be attached and returned to Coach Worley's Room #1311
Registration Information Form
Family Financial Responsibility
Medical Information Form
Physical Exam Form (Already Submitted Yes or No)
Clearance to Participate Form with physician's signature
Forms from Player/Parent/Coach Handbook
Coaches Expectations Player/Parent Contract Form
Attendance Policy and Contract Form
North Paulding Boys Lacrosse Player/Parent Contract Form
Boys Player Pack
Varsity Lettering Policy
Student Photograph Release
"Blanket" Permission to Participate in a Series of School Sponsored Field Trips
These Forms will be completed and submitted online using RANKONESPORT
Physical History (Online)
Athletic Participation, Insurance & Consent Form (Online)
Athletic Responsibility Acknowledgement Form (Online)
Student/Parent Concussion Awareness Form (Online)
Transcript Release Form (Online)
OPTIONAL FORM FOR INSURANCE (Recommended)
Supplemental Accident Insurance Plan (http://www.paulding.k12.ga.us/Page/21412)

2024 NPHS Boys Lacrosse Season Timeline

Now Until Tryouts	Re-condition helmets:
November 17 th	All Paperwork Due: Hard copies turned in to Worley's Rm #1311. Online via Rankonesport.com
November 27 th	Conditioning Starts: Starts the last week of November and will run weekly, Monday – Thursday, until the first day of practice. Additional conditioning dates could be scheduled depending on player development needs, holidays, & weather. NOTE: <i>Conditioning is a team expectation for all prospective players not participating in a NPHS winter sport.</i>
January 15 th	Tryouts: Begin during the week of January 15 th . Selection of the team(s) will be based on a player's participation, skill level, attitude, effort, availability, character, program hist, overall performance during tryouts, as well as team needs. Rosters will be announced during/following this time.
January 21st	Payment of ALL Fees Due: The non-refundable registration and equipment fees must be paid in full by this date or an electronic payment plan set up through registration at www.northpauldinglax.com.
January 22 nd	Annual NPHS Lacrosse Booster Club Meeting: Player uniforms handed out as well as additional information.
February 2 rd	Scrimmage/Games Begin: The schedule will be posted on several sites including www.Maxpreps.com , and http://www.northpauldinglax.com and any other tool your coach may want to implement. Parents are responsible for player transportation to games as neither the school nor the Booster Club provides player transportation. Transportation, however, may be coordinated by the transportation committee. If buses become available players will be notified in advance.
February 19 th – 23 rd	Winter Break: Players are expected to be at ALL practices & games during this week. This is a critical time for both JV and Varsity teams. There will be a total of 2 games during this week. Games are currently scheduled on BOTH the Tuesday 2/21 and Friday 2/23.
April 1 st – 5 th	Spring Break: NO Games scheduled. Voluntary practices may be offered during this time. Swing/JV players may be asked to continue playing with the Varsity Squad based on team needs and coach decisions.
April 20 th	End of Regular Season: No more regular season games to be played.
April 23 rd - 24 th	State Playoffs Begin! Scheduled game(s) will be provided once obtained. Need to stay flexible!



Boys Lacrosse Schedule 2024

Area Opponent *
Away Game @

Date	Day	Opponent	JV	Varsity	Notes
February 2 nd	Fri	@ Starr's Mill		7:00 pm	Scrimmage
February 6 th	Tue	@ Campbell		6:00 pm	V – Only
February 8 th	Thu	@ Etowah	5:30 pm	7:30 pm	JV/V Double Header
February 13 th	Tue	@ Hillgrove	5:30 pm	7:30 pm	JV/V Double Header
February 16 th	Fri	Pope	6:00 pm	8:00 pm	JV/V Double Header
February 20 th	Tue	North Cobb *	5:30 pm	7:30 pm	JV/V Double Header
February 22 nd	Thu	St. Pius X	5:30 pm	7:30 pm	JV/V Double Header
February 27 th	Tue	@ Woodstock		7:45 pm	V – Only
March 1 st	Fri	Allatoona	5:30 pm	7:30pm	JV/V Double Header
March 5 th	Tue	Cherokee *	5:30 pm	7:30 pm	JV/V Double Header
March 8 th	Fri	Harrison	5:30 pm	7:30 pm	JV/V Double Header
March 13 th	Wed	@ East Paulding	5:30 pm	7:30 pm	JV/V Double Header
March 15 th	Fri	@ Marietta	6:00 pm		JV – Only
March 16 th	Sat	Roswell (TCLC)		2:00 pm	V – Only - (TCLC @ Allatoona HS)
March 18 th	Mon	@ Allatoona	6:00 pm		JV – Only
March 21 st	Thu	@ Lassiter	5:45 pm	7:45 pm	JV/V Double Header
March 27 th	Wed	@ Carrollton	6:00 pm		JV – Only
March 28 th	Thu	Alpharetta		7:30 pm	V – Only
April 1 st – 5 th		SPRIN	G BREA	K – (END	OF JV SEASON)
April 9 th	Tue	@ Wheeler *		6:00 pm	V – Only
April 11 th	Thu	Walton *		7:30 pm	V – Only
April 16 th	Tue	@ Marietta *		6:30 pm	V – Only
April 18 th	Thu	Kennesaw Mountain *		7:30 pm	V – Only
April 23 – Ma	ay 11 th		GHS	SA PLAY	OFFS

2024 NPHS Boys Lacrosse Season Registration Information

Student Name:	Grade:	
Address:	·	
	Zip:	
Home Phone:	Cell Phone:	
Email:	Homeroom:	
Shirt Size:	Short/Pant Size: Shoe Size:	
Mother's Name:	Employer:	You have permission to publish my contact
Cell Phone:	Work Phone:	information for roster & NP Lax related
Address:		communication.
	(if different than student's address)	YESNO
Email Address:		
Father's Name:	Employer:	You have permission
Cell Phone:	Work Phone:	to publish my contact information for roster & NP Lax related
Address:	•	communication.
	(if different than student's address)	YESNO
Email Address:		
	Medical/Emergency Information	
Emergency Contact:		
Special Medical Concerns:		
Physician Name:	Phone Number:	

2024 NPHS Boys Lacrosse Season Family Financial Responsibility

I understand that the North Paulding Lacrosse Club (Booster Club) is a non-profit, self-funded organization that exists to support girls and boys lacrosse activities at North Paulding High School and that the club is made up of dues-paying members.

I understand that I am expected to do my part in support of the organization that supports my student in his/her high school athletic experience. I also understand that should my child be selected to play on the 2023 team, that I am obligated to pay the registration fee and equipment fee, if applicable.

North Paulding High School provides us with a playing field and JV and Varsity Head Coaches. All other necessary items are provided through your participation in the Booster Club. The Booster Club raises funds through registration fees, membership, sponsorship, donations, concessions, fundraisers, and the like. In an attempt to keep our players and coaches focused on the game itself we will do very limited fundraising through outside sales of goods and/or services. Parents are needed to support the Booster Club that supports their student in his high school athletic experience.

The Booster Club charges a \$50 booster fee, which allows one vote per player in the activities of the Booster Club. This fee covers coach stipends, field maintenance (field paint, storage units), league equipment (horns, score books, stringing kits, balls, goals & nets), uniforms (shooting shirt, shorts, and jerseys), and various administrative costs (game filming, coaches clinics, website).

The 2024 registration fee for the North Paulding High School Men's Lacrosse is \$850, which includes:

- four tickets (\$40) to the year-end lacrosse banquet
- \$125 player pack: shooter shirts, shorts and yearly team specific item
- \$200 recoverable, fundraising fee. Each player will receive 10 tickets for our raffle to be held at the end of the season. These tickets can be sold by the player at \$20 each to help defray some of the costs.

Equipment:

- <u>Helmet</u>: All new players must purchase a team helmet through the online team store. The cost for the NEW Custom Cascade XRS helmet is **\$295** (helmet and decals). Returning players have the option to purchase a new team helmet or continue to use their last season's Cascade S helmet.
- Gloves: All players must have White Gloves.

Please read and acknowledge with your signature below.

Player Name:		
Parent Signature:	 Date:	
Parent Signature:	Date:	

2024 NPHS Boys Lacrosse Season Family Involvement Form

To have an effective program, we need the involvement and support of every player's family. Accordingly, the Booster Club asks that each family fulfill a set number of service hours, which will be discussed in further detail at the annual booster meeting on January 22, 2024.

Service opportunities include the following activities:

Committees
Concessions
Fundraising
Transportation
Senior Night & Pictures
Year-End Banquet

Game Day Responsibilities:

Announcing
Carpooling for Away Games
Clock & Score Board
Concessions
Field Prep & Clean-up
Game Stats
Penalty Box
Pre-game Meals
Videotaping

ALL FAMILIES WILL BE ASKED TO DONATE ITEMS FOR THE CONCESSION STAND FOR SPRING 2024 HOME GAMES. MORE INFORMATION TO FOLLOW

Please read and acknowledge with your signature below.

I understand that I am expected to do my part in support of the organization by working with the Booster Club.

I understand that I will be expected to submit a \$150 service deposit check made payable to the NPLC no later than the January 22, 2024 Booster Club Meeting. This check must be submitted before the player receives his uniform. If I fulfill my family's service responsibilities, I understand the Booster Club will shred my deposit check. If I don't fulfill these responsibilities, I understand the Booster Club will cash my deposit check in its entirety.

Player Name:	
Parent Signature:	Date:
Parent Signature:	Date:

2024 NPHS Boys Lacrosse Season Uniform Responsibility

The team uniforms are the property of the North Paulding High School Lacrosse Club (Booster Club. The Booster Club will collect a \$100 uniform deposit check at the annual booster meeting on January 22, 2024. Each player will receive a uniform after selection for one of the high school teams and payment of the \$100 uniform deposit check.

Please read and acknowledge with your signature below.

I agree to follow the recommended care for the uniform. The uniforms should be washed and hung to dry. **DO NOT USE MACHINE DRYERS OR BLEACH**.

I agree to return the uniform at the end of the season in normal wear condition. (no holes, tears or excessive staining).

I agree to wash the uniform prior to returning it. If I returned the uniform without first washing it, I understand I will be charged \$10 from my uniform deposit check.

I understand that if I don't return all or part of the uniform or if it is damaged or soiled in any way, other than normal wear, then the Booster Club will use my \$100 deposit check to replace the uniform. I also understand that should the cost be more than \$100 to replace the missing or damaged pieces, that I will be personally responsible for any additional costs involved in replacing the uniform.

I understand that I am to submit a \$100 uniform deposit check made payable to the NPLC by the January 22, 2024 Booster Club meeting should my son be selected for one of the high school teams. If the uniform is returned in satisfactory condition, the Booster Club will shred my deposit check.

Player Name:	
Parent Signature:	Date:
Parent Signature:	Date:

2024 NPHS Boys Lacrosse Season Required Equipment

To be a member of the men's lacrosse team, each member must have certain pieces of equipment. The GHSA and Paulding County requires players be outfitted in a uniform fashion. These requirements must be followed and are not negotiable.

Player Pack:

Practice Pinnie – (\$50 if not purchased during the Fall Ball Season)

- ** Practice Shorts Provided
- ** Shooting Shirts x2 Provided
- ** 1/4 Zip Team Shirt Provided
- ** Team Hat Provided
- ** Items included in your registration fee and belong to the player.

Game Uniform Pack:

Game Jersey (2) - one white & one blue Game Shorts (2) - one white & one blue

The jerseys and shorts are property of the Booster Club and must be returned to the Booster Club at the end of the season.

Equipment Pack: as discussed on Financial Responsibility Page

- Helmet: ALL NEW HS PLAYERS MUST PURCHASE a team helmet through the online team store. The cost for the helmet is \$295 (XRS Pro Helmet and Decals). ONLY Returning NPHS players have the option to purchase a new team helmet or continue to use their past season Custom Cascade "XRS" Helmet. NOTE: If a returning player's helmet is out of warranty or damaged, that player must also purchase the NEW Helmet.
- Gloves: All players must have: ALL WHITE GLOVES

Additional Equipment - each player must provide:

- **Arm pads** must be <u>WHITE</u>, navy, grey, (black if necessary but NOT recommended)
- Shoulder Pads (field players) Must be NOCSAE approved with LABEL (before tryouts January 2023)
- **Chest Protector** (Goalie) Must be NOCSAE approved with LABEL for (January 2021)
- Athletic Shorts with Cup
- Cleats must be <u>WHITE</u>, navy, grey, or (black if necessary but NOT recommended).
 NO NEON COLORS or alternate colors! Team colors only
- Mouthpieces (2)
- Crew Socks WHITE Color
- Sticks (2) Any color and style of choice. Be sure that they meet all NFHS regulations regarding length, and shooting string set up. Make sure your back-up stick is strung exactly like your game stick.

2024 NPHS Boys Lacrosse Season Coaches Expectations & Player/Parent Contract Form

As an athlete it is important to uphold a level of dedication both on the field and in the classroom. As coaches, we have developed a set of guidelines each of you is expected to follow and respect. As a parent it is important to set a positive example for your students. Parents are asked to cheer on our team and support our coaches and athletes.

- School assignments come first. Be mindful of your time and plan accordingly.
- Absolutely no behavior issues inside the classroom or on the athletic field will be tolerated.
- Students receiving ISS or OSS will attend a coach's meeting where their consequences will be determined by the coaching staff. (The athlete may be removed from the team)
- If a student is removed from the team, they will not receive a refund, no exceptions.
- Skipping class will result in bench time and/or a meeting with coaches to discuss consequences.
- Arrive at practice and all team events before the scheduled start time.
- Listen to your coaches. Do not bring a negative attitude to the field. Players exhibiting poor attitudes will be removed from practice/game fields and can be dismissed from the team.
- The attendance policy is in place for a reason, adhere to it.
- Uphold a high level of sportsmanship and professionalism at both games and practice.
- We are a team and a family. Always support each other and the coaches.
- When a coach, another adult or a captain is speaking you are listening.
- Have all required equipment with you for each practice and game.
- This is a cut sport. Player conduct deemed detrimental to the team will result in dismissal from the team.
- Dress appropriately for weather conditions.
- Check all equipment to make sure it meets league requirements before each game. Ask a coach for assistance if you have questions.
- Lacrosse is a team sport. Be supportive and provide positive assistance/reinforcement to your team members. Remind teammates of our expectations if you see someone slipping.
- All players are required to be at all practices including those during February (Winter) Break. If a practice is to be missed a player must notify the coach prior. All players will need excuses to return to practice.
- Unexcused absences (any absence not related to a NPHS function with prior coach permission, or illness w/doctor/parent note) will be grounds for review and may result in dismissal from the team. Injured players are still required to attend practice, if possible. All players are required to demonstrate a full commitment to the team.
- Absolutely no drugs or alcohol use will be tolerated.
 Discipline will be based on those outlined in the Student/Parent Handbook for GHSA Sanctioned Interscholastic Activities. Paulding County policy will be followed as explained later.

- In the event of a bad call or rowdy opponent please remember to keep your cool. An unruly fan could cause a penalty against our team.
- Refrain from "Parent-Coaching" your son during games.
 NPHS coaches have established plays on both sides of the ball and "parent-coaching" from the stands during competition only serves to confuse and distract players from the task at hand.
- Under no circumstance should parents approach coaches before, after, or during practice to discuss their individual athlete. This should also be respected during all games and team events. Athletes with questions should schedule a meeting with the head coach first. If after that meeting the athlete's concerns still exist, the parents may wish to set up a meeting with the coaches via e- mail.
- Use positive reinforcement in your player's development by following and supporting all team expectations.
- Contact our booster club officers with any booster club related questions (Ex: fundraising, volunteer hours, transportation...)

	And
I, g	uardian
the sup the	ve read the Coach Expectations Document and will uphold to standards set out by the coaching staff in order to create and oport a successful lacrosse season. I understand that each of se expectations is an essential aspect in creating a positive vironment for our athletes and no exceptions will be made.
Stu	dent Athlete Signature:
Dat	te:
Pai	rent/Guardian:

Failure to do so will result in decreased playing time and/or dismissal from the team

2024 NPHS Boys Lacrosse Season Attendance Policy

All members of North Paulding Boys Lacrosse are expected to dedicate themselves to our program with absolutely no distractions other than family responsibility and schoolwork. Varsity and junior varsity team members are expected to attend all practices, including those in February during the NPHS Winter Break. Practices and game dates may include Saturdays, based on team needs as determined by the Head Coaches. Team members are not allowed to miss practice for any reason other than an absence from school on the day of the event. Routine doctor's appointments unless lacrosse-related, Drivers Ed classes, SAT/ACT prep classes, and family vacations should be scheduled around the lacrosse season. <u>Unexcused absences</u> from practices, games, or team events may result, as determined by the Head Coaches, in <u>dismissal</u> from the roster without a refund.

Students enrolled in a scheduled class that requires an after-school meeting for a grade may be excused with the expectation that they notify coaches well in advance of the meeting and attend as much practice as possible on that day, even if it is the last five minutes of practice. These students will be expected to fulfill extra responsibilities to make up their missed practice time; these responsibilities will be at the coach's discretion. Each player will be allowed one day of excused absence to participate in an academically based school-sponsored field trip. Players must submit the attached permission form no later than 14 days prior to the field trip.

Any missed practices due to illness and/or injury need to be relayed to the Coach prior to practice and/or games. If a physician is seen for the injury/ailment, a doctor's note with specific dates of appointment and return to play must be provided. Absences without a doctor's visit will require a note/email from parents. Be advised, an absence prior to game dates, regardless of reason may impact playing time, based on the discretion of coaches.

Special exceptions to the attendance policy may be discussed with the team coach and final approval may only be granted by the Varsity or JV Head Coaches. Thank you for your continuing support and dedication.

Student Signature:	Date:			
Parent Signature:	Date:			

****By signing above, you agree to all stipulations involved with this attendance policy*



Student Photograph Release

I hereby grant permission to Paulding County School District (PCSD) to use, including publicly display or perform my student's photograph, video, or audio clip on the PCSD web site, individual school web pages, or in other official PCSD publications without further notice. I acknowledge PCSD's right to crop, edit, or treat the photograph, video, or audio clip at its discretion. Personal information, such as a student's full name, parents' names, addresses and telephone number will never be published. If a student's name is used with a photograph, video, or audio clip, it will be in the form of a first name and last initial. For example, student Jane Doe may be listed as "Jane D." Therefore, I agree to indemnify, defend and hold harmless the members of the Paulding County Board of Education, PCSD, its officers, employees, agents, successors and assignees (the "Indemnified Parties") from and against any and all claims and liabilities resulting from this publishing. I understand that I may void this release at any time for any reason by informing my child's teacher in writing. The teacher will then forward my request to the appropriate parties.

Permission is granted for the use red	quested above.
Name of Student	
Signature of Student	<u> </u>
Date	
Name of Parent or Guardian	
Signature of Parent or Guardian	

Date

Descriptor Code: IFCB-E(4)



"BLANKET" PERMISSION TO PARTICIPATE IN A SERIES OF SCHOOL SPONSORED FIELD TRIPS

I hereby request that (Student's Name-PLEASE PRINT):				
Detailed trip information, including destinational supervision, will be given in writing to the trip in the series. (Exceptions must be approximately approx	e parents/guardians at least two (2) w	eeks prior to each		
If any emergency medical procedures or trea consent to the trip supervisor(s) taking, arrai in his/her or their discretion.				
I agree to release, indemnify, and hold harmless the Paulding County School District (District), its Board of Education, and its employees, agents, or assignees, as well as its approved adult trip supervisors from and forever promise not to sue them on any and all claims, demands, rights, causes of action, liabilities, losses, damages, costs and expenses (including reasonable attorneys' fees), whether known or unknown, that I, any other parent or guardian of the above-named student, or the student may have or may allege to have against the District or which may be brought against the District arising out of or in any manner relating to the student's participation in the field trips, including but not limited to the rendering of emergency medical procedures or treatment.				
$NOTE$: This form must be signed by student if the student $\frac{1}{2}$	ent is 18 years of age or older.			
Name of Student (PLEASE PRINT)	Signature of Student	– Date		
Name of Parent/Guardian (PLEASE PRINT)	Signature of Parent/Guardian			

12/11/07

NPHS Boys Lacrosse Lettering Policy

In order to be awarded a varsity letter, players must attain the following goals:

- ➤ Must attend all lacrosse practices, games, team events
- ➤ Must meet all expectations set forth by the team, North Paulding High School, and GHSA regarding grades and player conduct
- ➤ Must be on the varsity game day roster for 80% of total varsity lacrosse games
- An injury exemption may be utilized at the discretion of the Head Coach for a "Full Time" varsity rostered athlete that is injured post-tryouts and meets all attendance, character and conduct goals

The Head Coach has the right to deny the award of a varsity letter for violation of the following:

- Athlete will be present at all regularly scheduled and all playoff competitions
- Athlete will be present at all team functions
 - **a.** Exception 1: Players already involved in other North Paulding HS sports will not be penalized if previous sport requires player to miss a team function prior to full commitment to our season
 - **b.** Exception 2: Excused absences will be accepted (Please contact the Varsity Head Coach prior to the date of any team function if you are leaving school or absent from school due to illness)
- Athlete must not miss more than three practice days
 - **a.** Exception 1: Players already involved in other North Paulding HS sports will not be penalized if previous sport requires player to miss practice.
 - **b.** Exception 2: Excused absences will be accepted (Please contact the Varsity Head Coach prior to the start of practice if you are leaving school or absent from school due to illness.)
- Athlete will adhere to the PCSD student handbook
- Athlete will adhere to the Paulding County Athletic Code of Ethics
- Athlete will meet all expectations outlined in the Player/Parent Contract

Athlete Name:	 	 	
Athlete Signature: _	 	 	
Date:			